

Insight Meditation Day Retreats

with Anton Eastick



Artwork by Alice Popkorn

One Day Retreats for April, May, June and July

A day of Insight Meditation

Sunday, April 8th, 2018

I See You Mara!

Sunday, May 20th, 2018

Awakening As We Age

Sunday, June 17th, 2018

A day of Insight Meditation

Sunday, July 15th, 2018

10am - 5pm each day

Venue

Kagyü E-Vam Institute
637 Lygon St, Carlton North

Bookings & Inquiries

Cost: \$30 + Dana* for the teacher

Anton Eastick is a member of
Melbourne Insight Meditation

For all retreat information, costs,
inquiries and bookings please visit:

thedharmapath.com.au

* Following the Buddhist practices of generosity, the teachings are offered on a dana (gift/donation) basis. Your monetary response/contribution enables Anton to continue this work.



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INSIGHT MEDITATION
www.melbourneinsightmeditation.org